Multiple Sclerosis Treated with Injectable Vitamin B1 & Liver Extract

by Dale Humpherys

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This is a case history of a recovery from a disease which exacts a terrible price in suffering and hardship from its victims and their families and for which orthodox medicine stubbornly insists there is no successful treatment.

MS has been reversed and cured by two doctors working independently and apparently unaware of each other since the 1940s. These two men were Dr. F.R. Klenner, MD of Reidsville, North Carolina and Dr. H.T.R. Mount, MD of Ottawa, Ontario. Dr. Klenner makes this claim in his medical paper “Response of Peripheral and Central Nerve Pathology to Mega-doses of the Vitamin B-Complex and other Metabolites,” in the Journal of Applied Nutrition, fall 1973. “Any victim of MS who will dramatically flush with the use of nicotinic acid and who has not yet progressed to the stage of myelin degeneration, as witnessed by sustained ankle clonus elicited in the orthodox manner, can be cured with the adequate employment of thiamin HCL and other factors of the vitamin B complex in conjunction with essential proteins, lipids, carbohydrates and injectable Liver Extract. If sustained ankle clonus is not bilateral, then it is not a deterrent. We have had patients who did demonstrate bilateral sustained ankle clonus, and who were in wheelchairs, and who returned to normal activities after 5 to 8 years of treatment.” To cure MS is a dramatic claim to make for a disease which supposedly has no successful treatment. Dr. Klenner’s results speak for themselves.

Dr. Mount on the other hand, describes his patients as “clinically well” or “clinically improved.” For my part, MS is a brutal disease and anyone who has had it will have a reminder of it until the end of their days. The symptom that has remained with me is the heaviness in the feet when over-tired. I am otherwise symptom-free. I received many calls from doctors after my story was published and their comments during the first 5 or 10 years were “you are in remission.” Now in my 25th year I don’t hear that “remission” B1 any more. Am I cured or in remission? As long as I take my intramuscular injection of B1 200 mg daily and my 2cc liver injectables. His final words to me were that I would recover completely and could probably go back to work within a matter of months. The fatigue I had suffered for 2 years was gone after the first several injections. I couldn’t believe it. I was still weak with numbness in my feet and legs but I had my strength again. Before I left, his wife cautioned me that I must have the daily injection for life because the B1 cannot be absorbed orally in pill form.

When I was ready to leave I asked Mrs. Klenner for my bill — she said it wasn’t made up yet and they would send it to me. I never did receive a bill from Dr. Klenner — so much for the quack who would take your money in return for false hope!

When I arrived home, putting Dr. Klenner’s full treatment schedule in effect proved to be a problem. Many of the oral medications weren’t available in Canada and some of these medications such as niacin caused me some stomach distress. I shall always be grateful to Dr. Abram Hoffer who guided me through this period. Dr. Hoffer was practicing in Saskatoon, Saskatchewan at that time but he always took my many telephone calls with the grace and compassion this great physician is renowned for. Dr. Hoffer has been practicing here in Victoria for quite some time and I had occasion to see him at his office recently about a problem I was having. I presented him with a sheet of the supplements I am presently taking and he said, “Dale, this must cost you a bundle but you’ll
probably live to be a hundred.” Recalling what last month’s B111 for supplements had been, I replied that I probably couldn’t afford to.

Several years later following an interview for CBC television broadcast nationwide, I received a call from a man in Toronto who told me he had been cured of MS by Dr. H.T.R. Mount, MD of Ottawa, Ontario. This was very interesting as I was unaware any- one else was treating MS. He sent me a copy of a medical paper which appeared in the Canadian Medical Association Journal June 2nd, 1973 in which he gives 14 case histories of MS patients treated successfully. On reading this paper I was surprised to find Dr. Mount was using B1 intravenously and liver extract intramuscularly and nothing else! Dr. Klenner was treating MS intensively with vita- mins A, C, E, and all of the B vitamins and other metabolites in addition to the B1 and liver extract injections. Dr. Mount felt par- alysis was a contraindication to his type of therapy whereas Dr. Klenner was treating patients with paralysis with success. Dr. Mount concludes his medical paper with a call for detailed studies to en- large its use or to circumscribe its limitations.

Why have the positive results of these two men been ston- walled by orthodox medicine for 50 years? To answer this question let’s begin with the patient who goes to his GP with neurological symptoms suggestive of MS as I did. He is then referred to a neu- rologist for treatment. The neurologist gives the patient steroids, symptoms suggestive of MS as I did. He is then referred to a neu- rologist for treatment. The neurologist gives the patient steroids, symptoms suggestive of MS as I did. He is then referred to a neu-

In summary, there is a roadblock at the neurologists’ door for MS victims, but there is a ray of hope. In the 20 plus years I have been working to get the word out of a successful treatment for MS, I have talked with many GPs and the majority of them have told me that they saw no harm in helping these patients with the treatment even though they felt it wouldn’t work. With the increasing accept- ance of alternative therapies by many physicians and the demand by an informed public for therapies which transcend the “cut, burn and poison” routine of orthodox medicine, an exciting new era is dawning for many people stricken with diseases which were formerly considered to be untreatable.

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